



CHANEL COLLEGE

news



3 March 2016
Term 1 Week 6
VOLUME 49

"To act justly, to love tenderly and walk humbly with your God"

From the Principal

This Sunday's gospel is the Parable of the Prodigal Son or the Forgiving Father and is only found in the Gospel of Luke. A summary of the parable is as follows:

Jesus tells the story of a man who has two sons. The younger son asks his father to give him his portion of the family estate as an early inheritance. Once received, the son promptly sets off on a long journey to a distant land and begins to waste his fortune on wild living. When the money runs out, a severe famine hits the country and the son finds himself in dire circumstances. He takes a job feeding pigs. Eventually, he grows so destitute that he even longs to eat the food assigned to the pigs. The young man finally comes to his senses, remembering his father. In humility, he recognizes his foolishness, decides to return to his father and ask for forgiveness and mercy. The father who had been watching and waiting, receives his son back with open arms of compassion. He is overjoyed by the return of his lost son. Immediately the father turns to his servants and asks them to prepare a giant feast in

celebration. Meanwhile, the older son becomes enraged when he comes in from working the fields and discovers a party with music and dancing being celebrated for his younger brother's return. The father tries to dissuade the older brother from his jealous rage explaining, "You are always with me, and everything I have is yours." <http://christianity.about.com/od/biblestorysummaries/p/prodigalson.htm>

Personally I always find this parable challenging. I think that we all want to be like the forgiving father, but sometimes this is not always easy. Pope Francis, in *The Face of Mercy*, writes: "In these parables God is always presented as full of joy, especially when he pardons. In them we find the core of the Gospel and our faith, because mercy is presented as a force that overcomes everything, filling the heart with love and bringing consolation through pardon." (#9) As we continue to journey through Lent in this Year of Mercy we pray that Jesus will help us to respond to these everyday situations with mercy and compassion.

P and F News

Thank you to the P and F for their generous financial support in covering the costs associated with bringing David Kobler to Chanel. The Year 10 students are always engaged with David's presentations and I have received some lovely feedback from the students thanking Mrs Wales and myself for the opportunity to hear David speak. There were also approximately 30 parents who attended the evening presentation.

I would also like to extend an invitation to all parents and carers to the P and F Annual General Meeting which is to be held on Wednesday 16 March at 5.30 pm in the College Office. All positions have been declared "open" therefore we are searching for enthusiastic people to take on positions of President, Vice President, Secretary and Treasurer. Each year families contribute a levy to the P and F in lieu of fundraising activities. This is your opportunity to put forward your ideas on how to best spend this money in order to benefit the College community. Please note this in your calendars and come along.

College Crest

Chanel College Newsletter Vol 24 no 23 23 July 1991
Year 12 students have decided that their gift to the College this year will be the large lettering "Chanel College" visible from the Dawson Highway to be erected on the end wall of Stella Maris block. To complete the wall they suggested that a large College crest also be erected and that it be the Silver Jubilee Gift from everyone. The appeal starts today and we hope ex-students and parents, Friends, P & F, present students and parent all contribute something. If we are going to have a crest it must be a quality one. Year Twelves hold a casual day and have decided that proceeds from the one this Friday 26 July is to go towards the Jubilee Crest Appeal. A fine of 50 cents has been suggested.

God bless

S. M. Nap

Sharon Volp



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website: www.chanelcollege.qld.edu.au

Student Absentee Hotline: 4973 4791



Good News

Kath Hore - Mission & RE Support Officer

Project Compassion

We are now almost half way through Lent and raising money for Project Compassion. Thank you for your support to date **\$719.70**, already collected. Please encourage your child to contribute to this Appeal which supports aid and development programs around the world and helps to build a better life for the poorest of the poor.

In 2016, we are aiming to raise **\$3000.00**. **Let's work together to reach this total!**

Third Week of Lent – Project Compassion – Dominic's Story

Dominic (36) lives with his wife and four children in the Jiwaka Province of Papua New Guinea (PNG), where generational poverty has led to many challenges, including inequality, alcohol abuse and violence.

Dominic admits that he too faced some of these challenges. But when Caritas Australia and local partner, the Sisters of Notre Dame, established the Community Conversations program, he saw an opportunity to create change.

"I was inspired to hear of the different issues highlighted and processes used to come up with solutions," Dominic explains.

Through regular Community Conversations training sessions, Dominic learnt communication and problem-solving skills that helped him lead open, respectful community discussions in his village. By empowering everyone to voice concerns and play a role in community decisions, Dominic's village has achieved greater peace and increased respect, as well as reduced violence and alcohol abuse. Now, Dominic's community has a chance to thrive and create a better future for themselves.

"When we start to realise we have power to stand independently to change ourselves, help ourselves, we feel liberated," says Dominic. *"I am most proud of the positive changes I am witnessing. I pass my big thanks and pray God will bless our supporters in Australia."*

Stations of the Cross

Chanel students and staff will be leading the Stations of the Cross this **Friday evening 4 March at 7.00 pm** at Star of the Sea Church. All students and families are welcome to join in this time of prayer and reflection.

Year 7 Retreat

All Year 7 students enjoyed their Retreat Day at St Patrick's Church, Calliope, last week. Students considered things that change and other things that remain constant as they transition to high school. They also explored and discovered their own uniqueness while looking at the differences that we all have. Many thanks to Mrs Green and Mrs Chapman who presented the program and to all staff who assisted on the day.

SOS Mass and Youth Group

The first Chanel SOS Mass for 2016 will be held this **Sunday 6 March commencing at 6.00 pm**. You are invited to come and share in worship with your children. There will be a Youth Group Gathering in the Parish Hall following the Mass, led by our Year 12 students. This group is an informal gathering to allow students to share time, ideas and have fun together. Students from all Year levels are welcome and they can bring friends or even round up some neighbours if they like. Just be there!

Lenten Program

The Chanel Lenten Prayer Group will be meeting each **Wednesday, at 3:30 pm** in the College Library. All are welcome to attend.

Second Hand Uniform Outlet

The Second Hand Uniform 'outlet' is open each Wednesday in the RE Resource Room during the 1st Break.

If you have uniforms your child no longer requires - all donations are gratefully accepted and many thanks to those who have already sent in donations.

Thursday Mass

Thursday 10 March – Ms Davis' Year 10C SOR Class

Mass is celebrated at **10.40 am** in the Library (while the Chapel is being renovated). PARENTS/CARERS are WELCOME!

Please Pray for ...

- Civilians in Middle Eastern countries as the political unrest escalates causing pain and suffering to many.
- People to be open and generous to Project Compassion.
- People in Fiji living with the devastation of Cyclone Winston.
- People from our community who are unwell or recovering from recent surgery.

Praise and Thanks for...

- Everyone who was involved in making Bishop's Inservice Day a success.
- All people, especially past students of Chanel, who are working in our world to ensure that justice and peace prevail.
- The progress being made with the new buildings at Chanel.

If you have any requests for either of the above prayers, please leave your request at the Office.

Counselling Services

Milena Barbagallo

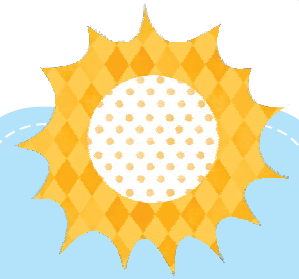
E: ccg_counsellor@rok.catholic.edu.au

Mindfulness

Colouring books for all ages has become a trend in stores nationwide. Once a predominantly children's play activity, new interest has been sparked in teenagers and adults. Colouring is an exercise in mindfulness which aims to calm and soothe stress, anxiety and tension.

Mindfulness has become a popular concept and is derived from ancient Buddhist roots. The practice involves purposely focusing your attention on the present moment and should be enjoyable, not work or effort. Research shows that mindfulness can develop good mental and physical health, and can improve focus, concentration, self-awareness and resilience.

On the first Tuesday of each month, students receive a copy of the Mindfulness Monthly, a new initiative at the college which aims to help students develop skills in mindfulness and improve their overall wellbeing. This can help them to perform well academically, emotionally, spiritually and socially. Each week, students will learn a new practical exercise in mindfulness which can be practised at school or at home. The Mindfulness Monthly can also be downloaded from the Health and Wellbeing tab on the Student Site. Encourage conversations at home about mindfulness and which strategies work well for your child to help them relax and find a sense of calm.



IMPORTANT NOTICE

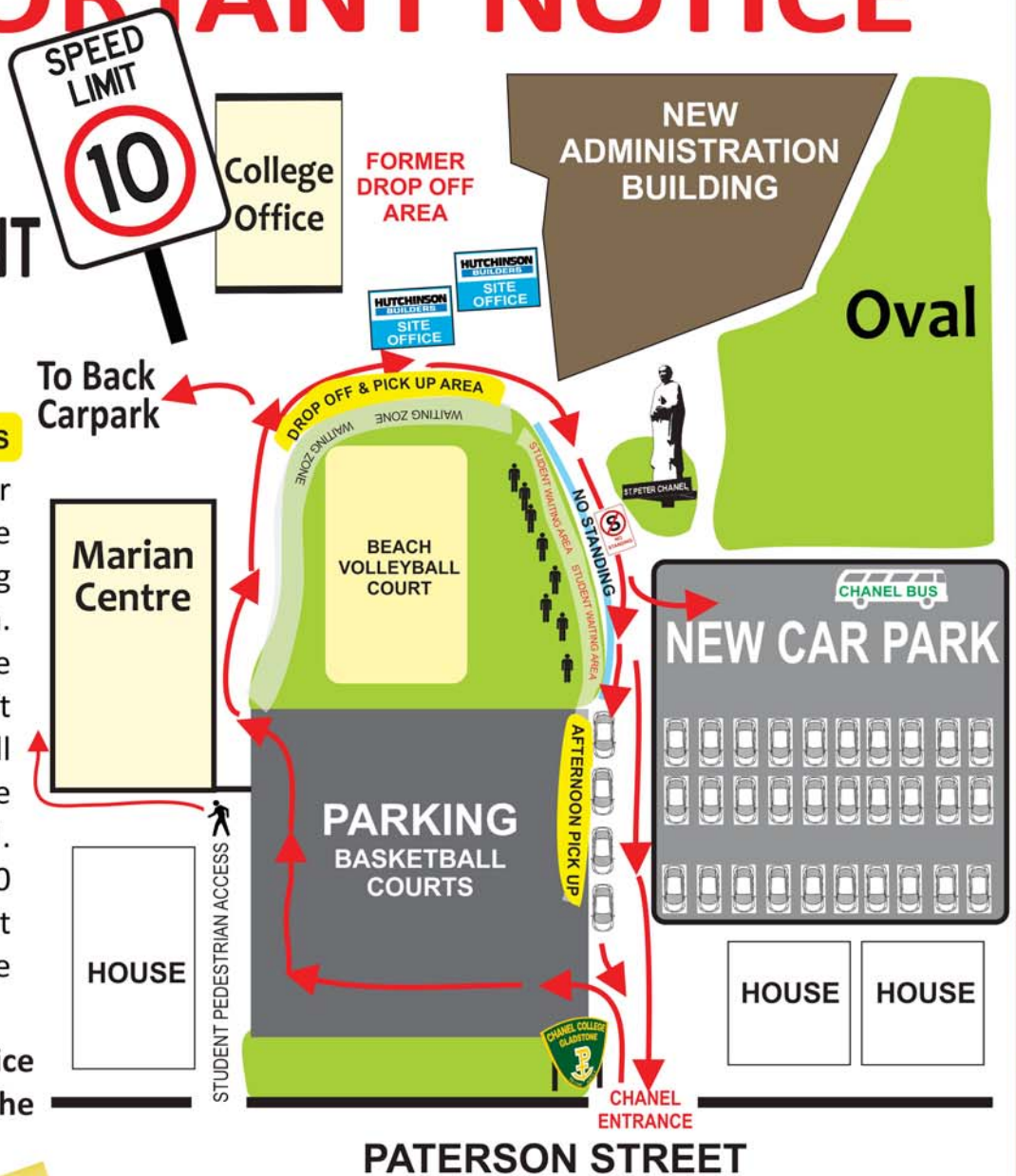
CARPARK TRAFFIC MANAGEMENT

Please note

DROP OFF & PICKUP AREAS

For the safety of all of our children could you please adhere to the following traffic management plan. When entering the College please turn left onto the old basketball courts and follow the directions illustrated. Please adhere to the 10 km per hour speed limit when entering the College grounds.

When visiting the Office Parents may park in the Back Carpark.



CHANEL COLLEGE

App

Download our NEW feature packed Mobile APP!

Go to College website for how to Download
www.chanelcollege.qld.edu.au



Year 7 Food Technology



sporting news

Kylie Kickbusch
Sports Program Leader

Capricornia Representatives

This week Capricornia trials were held for Netball, 16 Girls AFL, Rugby League and Squash. Over 20 students from Chanel were involved in these trials either in Mackay or Rockhampton. Congratulations to the following students who have made the Capricornia teams in their respective sports and will travel across the state to compete at the State Titles next term:

Mitchell Knight	M3	18 Boys Basketball
Maddie Bishop	Mc	16 Girls AFL
Tom Smith	M	19 Boys Hockey
Ronan McGuire	M	15 Boys Rugby League and 19 Boys Hockey
Cameron Fitzsimmons	M	15 Boys Rugby League



Mitchell Knight



Maddie Bishop



Tom Smith



Ronan McGuire



Cameron Fitzsimmons

Port Curtis Trials

Nominations are still open for the below trials. Students MUST put their names in the folders outside the staffroom, then return the School Consent form and Project Consent form or they will NOT be permitted to trial on the day:

- 13-15 and 16-19 Boys/Girls Touch Football
- 12 Years Boys Rugby League
- 12 Years Boys/Girls Hockey
- 12 Years Girls Soccer

QISSN Team

The selection of the **2016 Chanel College QISSN Team** has been completed and we would like to congratulate the following 10 girls for making the team to travel to Rockhampton during the first week of the June/July holidays: Taylor Langdon, Brooke Sweeney, Rhomany Bowden, Hayley Good, Meg Collins, Kaitlyn McAlister, Eden Johnson, Lavina Turner, Katie Skinner and Yasmin Ramsay. Congratulations girls.

Along with the team, a development squad of 6 players was also selected to train alongside the QISSN team to develop players for future QISSN competitions. Congratulations to:

Imogen Collins, Hannah Overend, Jaime Holzberger, Kiara Holzberger, Lilly Peachey and Alexa Campbell.



Café CHANEL

Café Chanel a Great Success

What an amazing day the 2 March turned out to be. The Yr 12 Hospitality students ran a café for the first time, using all the facilities of the kitchen and A105 for the café space.

The students prepared and served delicious cakes, with the most popular savoury dish being the coconut curry chicken pie. As always many of the recipes were requested. The students managed to serve coffees, teas and milkshakes with some efficiency. Thank you to all the parents, staff and senior students who booked a table. The success of the day came down to the students having clients to serve in real work time. **Watch out for the next one in Term 2.**



Notices

IMMUNISATION NEWS

Year 7 & 8 Immunisation

Wednesday
16 March



Note: All Year 7 & 8 to wear sports uniform this day.

upcoming events

Week 7

Mon 7 March

- Combined Schools Musical

Tue 8 March

- Combined Schools Musical

Wed 9 March

- Combined Schools Musical

Thur 10 March

- Combined Schools Musical

Fri 11 March

- Combined Schools Musical

Week 8

Mon 14 March

- Whole School Assembly

Tue 15 March

- Chanel Spelling Chalinj

Wed 16 March

- Year 7 & 8 Vaccinations
- P & F Meeting 5.30 pm

Thur 17 March

- St Patrick's Day

Fri 18 March

- National Day Against Bullying & Violence

YEAR 10-12 EXAMS

Week 9

YEAR 7-12 EXAM WEEK

A photograph of a young boy wearing a green helmet and a green and yellow striped shirt, riding a bicycle on a grassy area.

Join in & Celebrate
SAVE THE DATE!
NATIONAL RIDE2SCHOOL DAY
4 MARCH 2016
CELEBRATE THE FUN OF RIDING AND WALKING TO SCHOOL

An illustration of three children riding bicycles. One is in the front, one in the middle, and one in the back. They are wearing helmets and backpacks.

An Active School is a Healthy School

Friday 4 March 2016 marks the tenth National Ride2School Day, where over 300,000 Australian students, just like yours, will ride, walk, scoot or skate to school, many for the first time.

National Ride2School Day is about celebrating active travel within the school day and encouraging those who haven't started to give it a go. Students who ride, walk, scoot or skate to school on 4 March will be awarded Points for their House.

The logo for Ride2School, featuring a stylized bicycle wheel with colorful dots and the text "RIDE2SCHOOL".

STUDENT ACCESS CENTRE

Do you need help with
Assignments? Homework? Careers?

Available for you are:

Resources & Support Material, Friendly Faces.

HOMEWORK ASSIGNMENT HELP

Monday, Tuesday, Thursday & Friday at 8.00 am.

Also First Break everyday except Thursdays.

Contact Chanel College's:

Inclusive Curriculum Coordinator: Mrs Robyn Jurd 4973 4739

Career Officer: Ms Cale on 4973 4738

UNIFORM SHOP

PLEASE NOTE

Opening Hours for the Uniform Shop

Monday: 8.15 am - 11.15 am

Wednesday: 8.15 am - 11.15 am

Orders can be left at the College

Office outside these hours.

Michelle Overend

Uniform Shop Manager

Ph: 4973 4705